

	<b>Health and Wellbeing Board</b> <b>17 January 2019</b>
<b>Title</b>	<b>Improving children and young people’s mental health and emotional wellbeing</b>
<b>Report of</b>	Director of Commissioning, Barnet CCG
<b>Wards</b>	All
<b>Status</b>	Public
<b>Urgent</b>	No
<b>Key</b>	Yes
<b>Enclosures</b>	Appendix 1 – Child and Adolescent Mental Health Services Local Transformation Plan 2018/19 Appendix 2 – Slide pack
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<h2>Summary</h2>
<p>This report presents Barnet’s Children and Adolescent Mental Health Services (CAMHS) Local Transformation Plan 2018/19 for discussion and approval. The Plan focuses on prevention across the whole system as well as ensuring access to good quality care, when needed. The report offers an opportunity for the Board to consider the whole-system response to improving children and young people’s mental health and wellbeing.</p>

<h2>Recommendations</h2>
<p><b>1. That the Health and Wellbeing Board approve the CAMHS Local Transformation Plan 2018/19 for submission to NHS England and publication of partner websites.</b></p>
<p><b>2. That the Health and Wellbeing Board agree to support the system wide CAMHS Transformation.</b></p>
<p><b>3. The Health and Wellbeing Board agree to consider children and young people’s mental health and emotional wellbeing across portfolios and service provision.</b></p>

## **1. WHY THIS REPORT IS NEEDED**

- 1.1 We are proud of the progress we have made so far against our plan to improve CAMHS in Barnet such as increased investment in early help, reduced waiting times and our progress in moving services out of clinical settings and into the community.
- 1.2 We know there is more to do and our Local Transformation Plan for 2018/19 (appendix 1) reflects our commitment to continue to improve provision for young people and their families. Discussion at the Health and Wellbeing Board allows an opportunity to further develop our Plans and embed them across the whole-system to further improve outcomes.
- 1.3 Initial feedback from NHS England on the Plan stated that the following areas of our Plans are strong:
- Collaboration and whole system working
  - Awareness of local need
  - Links to strategic reforms
  - Schools and emotional wellbeing plans
  - Inpatient NCL plans
  - Governance
- 1.4 However, there are a number of areas where improvement is required:
- Workforce: training and capacity required to meet ambitions to 2020
  - Finance: further breakdown of spend and how this will impact on outcomes
  - Key Performance Indicators (KPIs)
  - Eating disorder services – performance and recommended model
- 1.5 NHS England timescales have not aligned so the improvements detailed at 1.3 have not been made to the Plan at Appendix 1 but will be made ahead of submission to NHS England in mid-January 2019.

## **2. REASONS FOR RECOMMENDATIONS**

- 2.1 Each local area is required to submit an annual CAMHS Local Transformation Plan which has been considered by the local Health and Wellbeing Board.
- 2.2 The *Future in Mind* and *Five Year Forward View* outline the necessity of a partnership, whole-system approach to build capacity and capability across the system to be able to secure measurable achievements in children and young people's mental health outcomes by 2020/21.

## **2. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED**

2.1 N/A

### **3. POST DECISION IMPLEMENTATION**

4.1 Delivery of the Local Transformation Plan as detailed in appendix 1 overseen by the CAMHS Transformation Board.

### **4. IMPLICATIONS OF DECISION**

#### **4.1 Corporate Priorities and Performance**

4.1.1 *Improving mental health and wellbeing (life course approach) and improving children's outcomes* are key priorities of the Corporate Plan 2019-2024.

#### **4.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

4.2.1 The CAMHS transformation fund has increased annually from 2016/17 up to 2020/21. In 2016/17, Barnet CCG received £772k to transform CAMHS locally. For 2018/19 the fund grew to £1.1m. In addition, the CCG invests circa £4.6m in community / outpatient CAMH services and the London Borough of Barnet invests an additional circa £1m in early help and prevention.

#### **4.3 Social Value**

4.3.1 The voluntary, community and social enterprise sector are a key strategic partner.

#### **4.4 Legal and Constitutional References**

4.4.1 Article 7 of the Council's Constitution sets out the responsibilities of the Health and Wellbeing Board which includes responsibilities:

- To jointly assess the health and social care needs of the population with NHS, commissioners, and apply the findings of a Barnet joint strategic needs assessment (JSNA) to all relevant strategies and policies.
- To work together to ensure the best fit between available resources to meet the health and social care needs of the population of Barnet (including children), by both improving services for health and social care and helping people to move as close as possible to a state of complete physical, mental and social wellbeing. Specific resources to be overseen include money for social care being allocated through the NHS; dedicated public health budgets; the Better Care Fund; and Section 75 partnership agreements between the NHS and the Council
- To promote partnership and, as appropriate, integration, across all necessary areas, including the use of joined-up commissioning plans across the NHS, social care and public health; and
- To explore partnership work across North Central London where appropriate.

4.4.2 In October 2015 Clinical Commissioning Group (CCG) areas were required to develop a Local Transformation Plan (LTP) in response to the recommendations set out in the Future In Mind Report - promoting, protecting and improving our children and young people's mental health and wellbeing,

the report of the Government's Children and Young People's Mental Health Taskforce in 2015.

4.4.3 The Government has recently published Transforming Children and Young People's Mental Health Provision: Green Paper (December 2018) which builds on Future in Mind and highlights the need for further focus on effective and sustainable provision for children and young people (CYP) with mental health issues

4.4.4 The local CAMHS Transformation Plan is informed by local and national policy and context considered to be pertinent in the development of mental health and wellbeing provision for children and young people. In addition to Future in Mind, these include:

- Mental Health Act 1983 as amended and the Children Act 1989
- Children Act 2004
- Mental Health Act 2007
- Equality Act 2010
- No Health without Mental Health (DH, 2011)
- Closing the Gap (DH, 2014)
- Children and Families Act 2014
- The Care Act 2014
- Promoting the Health and Wellbeing of Looked After Children (2015)
- Working Together to Safeguard Children (2018)

4.4.5 Other relevant policy and contextual drivers include guidance from the National Institute for Health and Care Excellence (commonly referred to as NICE guidance), Access and Waiting Time standard for children and young people with an eating disorder, DfE guidance on Behaviour and Counselling, Transforming Care and the Crisis Care Concordat.

#### 4.5 **Risk Management**

4.5.1 Risks are reported to and oversee by the CAMHS Transformation Board. Risks are included in the Plan (appendix 1).

#### 4.6 **Equalities and Diversity**

4.6.1 The Equality Act 2010 outlines the provisions of the Public-Sector Equalities Duty which requires Public Bodies **to have due regard** to specific needs and to integrate considerations of equality into day business and keep them under review in decision making, the design of policies and the delivery of services

4.6.2 The CAMHS Transformation Plan is based on the assessment of local need. Equality and diversity are therefore a key element for providers in the delivery of services.

#### 4.7 **Corporate Parenting**

4.7.1 Looked-after children are considered explicitly as a vulnerable group within our CAMHS provision with the Integrated Clinical Team within the council providing specific support to this group.

## 4.8 Consultation and Engagement

- 4.8.1 The Local Area is committed to engaging with young people and their families and carers. We take a holistic approach to enable us to fully understand young people's experiences such as considering the impact of council tax and housing on young people's mental health and wellbeing. Our engagement also takes into account the demographics of the borough including the introduction and engagement in the Orthodox Jewish Children and Young People's Forum, which is attended by BEH MHT and the council's Family Services. (see section 4 of the Plan at appendix 1)

## 5.9 Insight

- 5.9.1 Local provision is commissioned in line with local need. The CAMHS LTP uses JSNA data as well as up to date Public Health England data. See section 2 of the Plan (appendix 1).

## 5. BACKGROUND PAPERS

- 5.1 Health and Wellbeing Board 25 January 2018 – Item 7 – Child and Adolescent Mental Health Services Update  
<https://barnet.moderngov.co.uk/ieListDocuments.aspx?CId=177&MId=9143&Ver=4>
- 5.2 Health and Wellbeing Board 19 January 2017 – Item 8 – Child and Adolescent Emotional Wellbeing and Mental Health Services – Transformation and Procurement  
<https://barnet.moderngov.co.uk/ieListDocuments.aspx?CId=177&MId=8716&Ver=4>